



COVID-19

PLEASE KEEP YOUR DISTANCE

To protect everyone:

- Stay 2 metres (6ft) **AWAY** from other people at all times
- **AVOID** close contact with others



Avoid
Close contact
with others



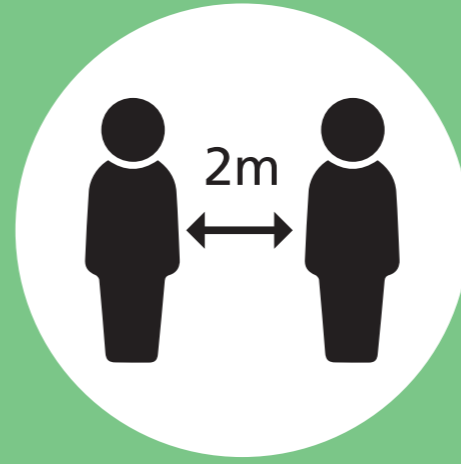
Don't arrange
to meet up with
other groups



Small group
of no more than
2 people



Avoid
an area that looks very
busy and go somewhere
else for your walk



Distance
yourself at least 2
metres (6 feet) away
from other people

BE RESPONSIBLE – HELP SAVE LIVES

We thank you all for supporting us to keep you and your loved ones as safe as possible in these difficult times.

Check the facts about Coronavirus at
cardiffandvaleuhb.wales.nhs.uk and phw.nhs.wales



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